#### Non - Fiction for Teens

Non-Fiction books consists of a variety of topics, like memoirs, biographies, history, science, art, and how-to. For more recommendations, talk to a librarian or visit alamedafree.org

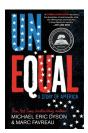


## Accountable: the true story of a racist social media account and the teenagers whose lives it changed

by Dashka Slater

This book recounts the discovery of a racist social media account in Albany, CA, that forever changes the lives of a group of high school students and leaves everyone

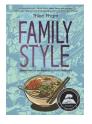
wondering about accountability for harmful online speech. YA 371.829 SLATER



#### Unequal: a story of America

by Michael Eric Dyson

This gripping account of the struggles that shaped America and the insidiousness of racism demonstrates how inequality still persists today and provides a framework for addressing racial injustice. YA 323.1196 DYSON



#### Family style: memories of an American from Vietnam

by Thien Pham

Told through the lens of food and meals, this story chronicles the author's childhood immigration to America where food takes on new meaning as he and his family search for belonging, happiness and for the American

dream. YA GN B PHAM, T



## Urgent message from a hot planet: navigating the climate crisis

by Ann Eriksson

This book outlines the science behind global heating and its root causes, provides ways to take action and honors the efforts of the people working to help the planet. YA 363.7387 ERIKSSON



## Gamer girls: 25 women who built the video game industry

by Mary Kenney

Profiles 25 of the most influential women throughout the history of the gaming industry. YA 794.8092 KENNEY



## Crafting change: handmade activism, past and present

by Jessica Vitkus

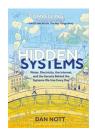
An exploration of craftivism, which uses art to help others and bring change. YA 745.5 VITKUS



#### Abuela, don't forget me

by Rex Ogle

Rex Ogle's companion to *Free Lunch* and *Punching Bag* weaves humor, heartbreak, and hope into life-affirming poems that honor his grandmother's legacy. YA 811.6 OGLE

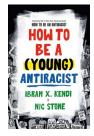


#### Hidden systems: water, electricity, the internet, and the secrets behind systems we use every day

by Dan Nott

This graphic novel illustrates the hidden history for every utility we use each day, providing a guided science tour through the past to reveal how the decisions people

made while inventing and constructing early technology still affect the way people use it today. YA GN 509 HIDDEN



#### How to be a (young) antiracist

by Ibram X. Kendi

This young adult edition empowers teen readers to help create a more just society, encouraging them to think critically and build a more equitable world in doing so. YA 305.8009 KENDI



## The heartbeat of Wounded Knee: life in Native America

by David Treuer

This powerful story of resilience and reinvention looks at Native American culture as it exists today -- and the fight to preserve its languages and traditions. YA 970.0049 TREUER



## America redux : visual stories from our dynamic history

by Ariel Aberg-Riger

21 visual stories reveal the extraordinary, unexpected, sometimes darker sides of history, exploring themes that create our shared sense of American identity and questioning the myths we've been telling

ourselves for centuries. YA 973 ABERG-RIGER

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#### In limbo

by Deb J. J. Lee

Set between New Jersey and Seoul, this coming-of-age story follows the author as she goes to South Korea, where she realizes something that changes her perspective on her family, her heritage and herself. YA GN B LFF. D

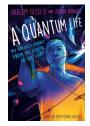


# Killing the Wittigo: indigenous culture-based approaches to waking up, taking action, and doing the work of healing: a book for young adults

by Suzanne Methot

Killing the Wittigo explains the traumatic effects of colonization on Indigenous people

and communities and how trauma alters an individual's brain, body, and behavior. YA 362.1089 METHOT



#### A quantum life: my unlikely journey from the street to the stars

by Hakeem M. Oluseyi

In this memoir, the renowned astrophysicist chronicles his troubled childhood and the destructive habits that almost derailed his career, sharing how he persevered to realize his dreams. YA B OLUSEYI, H.M.



## Wild tongues can't be tamed: 15 voices from the Latinx diaspora

by Saraciea J. Fennell Sparking dialogue and hope, 15 original stories by best-selling and award-winning authors as well as up-and-coming voices question the different myths and stereotypes about the Latinx diaspora. YA 810.8086

WILD



#### Shift happens: the history of labor in the United States

by J. Albert Mann

This engaging history of the worker actions that brought us weekends, pay equality, desegregation, an end to child labor and more documents how the labor movement has shaped America and how it intersects

with many of the major issues facing modern teens. YA 331.0973 MANN

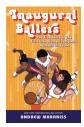


### Americanized: rebel without a green card

by Sara Saedi

Learning as a teenager that her Iranian family is undocumented, 13-year-old, straight-A student Sara Saedi juggles the challenges of trying to obtain a green card with the stressful realities of being an

everyday American teen. YA B SAEDI, S.



#### Inaugural ballers: the true story of the first U.S. Women's Olympic basketball team

by Andrew Maraniss

Twenty years before women's soccer became an Olympic sport and two decades before the formation of the WNBA, the '76 US women's basketball team laid the foundation for the

incredible rise of women's sports in America at the youth, collegiate, Olympic, and professional levels. YA 796.3238 MARANISS



#### Rising class: how three firstgeneration college students conquered their first year

by Jennifer Miller

Following three first-generation college freshmen, this true story of new beginnings, coming-of-age and perseverance shows how they dealt with challenges, successes and

their dreams as they navigate their first year. while juggling responsibilities to their families back home. YA 378.1982 MILLER



## Money out loud: all the financial stuff no one taught us

by Berna Anat

From budgeting and money to debt and investing, this not-so-serious guide from the Financial Hype Woman explains the basics of personal finance to empower teens and young adults to shape their futures and change their world. YA 332.4 ANAT



#### Homebody

by Theo Parish

In this graphic novel memoir, the author shares their journey to find a home within themself, taking readers through the experiences and everyday moments that all led up to them finding the term"nonbinary," which finally struck a chord. YA GN B

PARISH, T